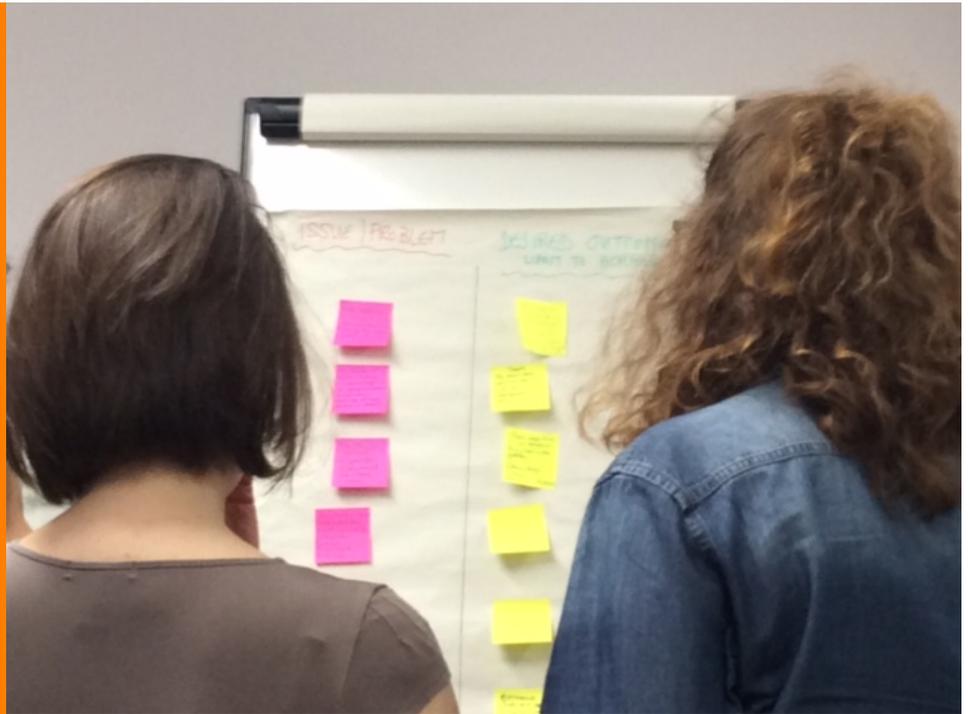


**Action-attainment**  
Communication skills for life



Apply Now for  
Action Learning

## *Action Learning - Parenting children with communication needs*

- Work with a peer group to investigate parenting issues
- Identify solutions you can act on
- Develop your own communication skills
- Build an on-going parent support network
- Become more skilled in problem solving at home, at work and for life

Action Learning is a well-proven way to raise difficult questions and explore solutions safely with others experiencing the same issues. Parents of children with social communication needs can apply now for free or subsidised places in two new Action Learning Groups (ALGs) that will meet monthly from December 2019 to May 2020.

Parents can explore challenges together, identify then try out an individual action plan. Parents see how their plan works and return to the group to share their experiences of what helped, and maybe what didn't, before deciding what to do next. Sam Silver and Ros Lucas, trained ALG facilitators, will run the groups. **An introductory workshop is on 12<sup>th</sup> December - Richmond venue to be confirmed**

Parents can consider a range of issues relating to:

- Education and Behaviour
- Transition Planning
- Access to Services
- Diagnosis
- Family Dynamics
- Working with Professionals

*See overleaf for more details..*

Contact [sam@action-attainment.com](mailto:sam@action-attainment.com); tel: 0208 392 9946

## Introductory Workshop - Action Learning Groups (ALGs)

### Venue to Be Confirmed

This introductory workshop about Action Learning is suitable for any family or teacher to attend. Action Learning is a response to demand from families for peer support in parenting children and young people with sensory and communication needs. Funding from the Lottery and Richmond Community Learning means A-a can run two separate groups in 2019/20. Proposed timings for the groups are below;

**Introduction to ALGs: 7pm-9.30 pm, 12<sup>th</sup> December 2019,**

**Workshop cost:** Free of Charge

**Sign-up: Email [Tom@action-attainment.com](mailto:Tom@action-attainment.com) or Telephone: 0208 392 9946**

### Action Learning Groups, Richmond - 7.00-9.30pm Monthly, Jan-May

There are 12 places for individual parents to participate in one of two ALGs. Each group will run monthly between January and May 2020. Groups are arranged to match 6 parents whose children are at a similar age and stage in their lives. A-a will work with parents to find alternative times for the groups if evening timings make attendance difficult.

**Apply NOW:** Email [Tom@action-attainment.com](mailto:Tom@action-attainment.com) for your application form

- 1. Allocation of places in December for a January start:** Action-attainment will review applications and allocate places aiming to set up two peer groups with children at a similar stage of schooling/development.
- 2. Costs:** There are both free and low cost places available (£12) due to subsidies from funders. Free places are available on application.

**BACKGROUND INFORMATION:** ‘Action Learning’ is used in the NHS and many other organizations. It recognizes that, when faced with difficult problems, a group of peers asking each other open, non-judgmental questions, find workable solutions and peers learn from each other.

Parenting children with social communication needs brings multiple challenges to families who are learning on the job with no hand-book. Having a regular, supportive involvement with others who are facing similar issues helps families feel less isolated and empowered to act on their child’s behalf.

- Parents arrive at their own action points with insights into their parenting challenges
- Value comes from hearing others talk through their issues and options
- A trained facilitator supports the group

#### Parents’ Benefits

- Increased confidence and self-belief in dealing with challenges
- Working with other group members also supports individual family problem solving
- Sharing knowledge and experience builds a meaningful self-help network