



ANTI-BULLYING POLICY

Bullying can include:

- Name calling
- Unkind gossip
- Damaging or stealing property
- Making people do things they don't want to
- Pushing
- Teasing
- Being threatening
- Ignoring people or leaving people out
- Damaging school work
- Unkind gesturing
- Sending threatening e-mails or texts
- Physical violence

Children are bullied for different reasons. The reasons might include:

- Race/sex/religion
- New child in school
- Child with difficulties at home
- Disability or difference of any kind
- Children who don't stand up for themselves
- Children with few friends
- Younger children
- Children outside a group
- Children who are not seen as 'cool'

How can we stop bullying in our school? (Also see 'ideas' below)

- PSHE lessons, including Circle Time, stories, etc.
- Assemblies
- Anti-bullying week
- Having the Anti-Bullying Policy available for parents to read
- Discussing bullying at teachers' meetings
- Always having adults on duty at playtimes
- Any incidents of bullying are reported to the Class Teacher
- Children can use the concerns box to report bullying anonymously
- All bullying incidents are recorded
- Having the Childline number clearly available
- Having a named person in the school who children can talk to if they are being bullied
- Buddy System: older children are friends with younger children and know what to do if the younger child is bullied
- Discussing bullying regularly at School Council meetings
- Having this notice in each classroom:

WHAT TO DO IF YOU'RE BEING BULLIED

You could:

- **Talk to a teacher**
 - **Talk to your parents**
 - **Talk to a friend**
 - **Put a note in the Concerns Box in your classroom**
 - **Speak to the Teacher Support person**
 - **Speak to a Buddy**
- Reassurance and care
 - To be able to discuss what has happened and how you are feeling
 - To talk about what the teacher and other people in school can do to help you feel safe in school and out of school

If you bully others, this will be taken very seriously.

An adult will listen to your side of the story.

If bullying is confirmed, you will be expected to:

- Talk to the victim and say sorry
- Take responsibility for your own actions
- Understand what made you behave in this way
- Where appropriate, discuss it with your parents
- With support from adults, change your behaviour